

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2021

Pomeroy Living- Northville



Facetime and 1:1 Visits **3**  
 Spiritual Readings  
 10:30AM-Coffee and Chit Chat-CH  
 1:30PM Self-Care-EH  
 3:00PM-Trivia

Facetime and 1:1 Visits **4**  
 8:30AM-Hot Breakfast Grand Haven  
 10:30AM- Meditation with Essential Oils-CH  
 2:00PM-Team Building

Facetime and 1:1 Visits **5**  
 10:30AM-Flower Arranging -CH  
 1:30PM Painting with a Twist-GH  
 5:30PM- Bingo-GH

8:45AM-Hot Breakfast **6**  
 Copper Harbor  
 10:30AM-Arts & Crafts- Dream Boards -CH  
 2:00PM-Card Club-Kings in the Corner

10:30AM- Exercise with Hari in Eagle Harbor **7**  
 11:00AM- Exercise with Hari in Copper Harbor  
 2:00PM- Happy Hour

Facetime and 1:1 Visits **8**  
 9:00AM-Hot Breakfast Eagle Harbor  
 10:30AM- Reading Cart  
 2:00PM- Movie & Popcorn-GH  
New Year's Day

Facetime and 1:1 Visits **9**  
 10:30AM-Brain Games-CH  
 1:30PM Sensory Stimulation-EH  
 Happy Birthday Paul R!

Facetime and 1:1 Visits **10**  
 Spiritual Readings  
 10:30AM-Coffee and Chit Chat-CH  
 1:30PM Self-Care-GH  
 3:00PM-Trivia  
 Happy Birthday Robert R!

Facetime and 1:1 Visits **11**  
 8:30AM-Hot Breakfast Grand Haven  
 10:30AM- Meditation with Essential Oils -GH  
 2:00PM-Team Building

Facetime and 1:1 Visits **12**  
 10:30AM-Flower Arranging -CH  
 1:00PM Live Entertainment w Bobby G via Facetime  
 5:30PM- Bingo-CH

8:45AM-Hot Breakfast **13**  
 Copper Harbor  
 10:30AM-Balloon Volleyball -GH  
 2:00PM-Dice Game-LCR

10:30AM- Exercise with Hari in Eagle Harbor **14**  
 11:00AM- Exercise with Hari in Grand Haven  
 2:00PM- Happy Hour

Facetime and 1:1 Visits **15**  
 9:00AM-Hot Breakfast Eagle Harbor  
 10:30AM- Activity Cart  
 2:00PM- Movie & Popcorn-CH  
 Happy Birthday Barbara M!

Facetime and 1:1 Visits **16**  
 10:30AM-Brain Games-GH  
 1:30PM Sensory Stimulation-EH

Facetime and 1:1 Visits **17**  
 Spiritual Readings  
 10:30AM-Coffee and Chit Chat-CH  
 1:30PM Self-Care-CH  
 3:00PM-Trivia

Facetime and 1:1 Visits **18**  
 8:30AM-Hot Breakfast Grand Haven  
 10:30AM- Meditation with Essential Oils -EH  
 2:00PM-Team Building  
Martin Luther King Day

Facetime and 1:1 Visits **19**  
 10:30AM-Pet Therapy with Ted  
 1:30PM Painting with a Twist-GH  
 5:30PM- Bingo-GH

8:45AM-Hot Breakfast **20**  
 Copper Harbor  
 10:30AM-Hallway Bowling -CH  
 2:00PM-Card Club-Pokeno

10:30AM- Exercise with Hari in Eagle Harbor **21**  
 11:00AM- Exercise with Hari in Copper Harbor  
 2:00PM- Happy Hour

Facetime and 1:1 Visits **22**  
 9:00AM-Hot Breakfast Eagle Harbor  
 10:30AM- Reading Cart  
 2:00PM- Movie & Popcorn-GH

Facetime and 1:1 Visits **23**  
 10:30AM-Brain Games-CH  
 1:30PM Sensory Stimulation-EH

Facetime and 1:1 Visits **24**  
 Spiritual Readings  
 10:30AM-Coffee and Chit Chat-CH  
 1:30PM Self-Care-EH  
 3:00PM-Trivia  
Activity Professionals Week

Facetime and 1:1 Visits **25**  
 8:30AM-Hot Breakfast Grand Haven  
 10:30AM- Meditation with Essential Oils -CH  
 2:00PM-Team Building

Facetime and 1:1 Visits **26**  
 10:30AM-Flower Arranging -CH  
 1:30PM Painting with a Twist-GH  
 5:30PM- Bingo-CH  
Australia Day (observed)

8:45AM-Hot Breakfast **27**  
 Copper Harbor  
 10:30AM-Bean Bag Toss -CH  
 2:00PM-Dice Game-LCR

10:30AM- Exercise with Hari in Eagle Harbor **28**  
 11:00AM- Exercise with Hari in Grand Haven  
 2:00PM- Happy Hour

Facetime and 1:1 Visits **29**  
 9:00AM-Hot Breakfast Eagle Harbor  
 10:30AM- Activity Cart  
 2:00PM- Movie & Popcorn-CH  
 Happy Birthday Joseph L!

Facetime and 1:1 Visits **30**  
 10:30AM-Brain Games-GH  
 1:30PM Sensory Stimulation-EH

Facetime and 1:1 Visits **31**  
 Spiritual Readings  
 10:30AM-Coffee and Chit Chat-CH  
 1:30PM Self-Care-GH  
 3:00PM-Trivia

GH-Grand Haven  
 CH-Copper Harbor  
 EH-Eagle Harbor  
 \*All residents must wear a mask and remain 6 feet apart from one another in ALL activities. Space is limited.\*