

MAY

JUNE 2020

Pomeroy Assisted Living Northville

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
<p>Breakfast</p> <p>Hot or Cold Cereal Cheesy Scrambled Egg Wheat Toast</p> <p>Lunch</p> <p>Turkey Pot Roast Mashed Potatoes Dilled Carrots Rolls Peach Pie *</p> <p>Ham & Sweet Potato Casserole Brussels Sprouts</p> <p>Dinner</p> <p>Vegetable Baked Fish Mushroom Stuffing Lima Beans Rolls Fruit Cocktail *</p> <p>Stuffed Green Pepper Scalloped Tomatoes</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Quiche Lorraine</p> <p>Lunch</p> <p>Beef Tetrazzini Tossed Salad Garlic Toast</p> <p>*</p> <p>Chicken & Broccoli Casserole Cauliflower</p> <p>Dinner</p> <p>Cheese Enchiladas Refried Beans Sautéed Peppers & Onion Cinnamon Applesauce *</p> <p>BBQ Pork Riblet Corn on the Cob</p>	<p>Breakfast</p> <p>Hot or Cold Cereal French Toast Sausage Links</p> <p>Lunch</p> <p>Mandarin Pork Roast Roasted Red Potato Green Beans Rolls Blueberry Cheesecake Delight *</p> <p>Three-Bean Turkey Chili Tossed Salad</p> <p>Dinner</p> <p>Chunky Vegetable Soup Chicken Salad Sandwich Marinated Cucumbers Cottage Cheese & Peaches *</p> <p>Beef Ravioli w/ Sauce Garden Seasoned Broccoli</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Hard Boiled Egg Biscuits and Gravy</p> <p>Lunch</p> <p>Beef with Broccoli White Rice Sugar Snap Peas Wheat Bread Cherry Crisp *</p> <p>Shrimp Basket Steak Fries</p> <p>Dinner</p> <p>Oven Baked Fish Roasted Sweet Potato Wedges Key West Vegetable Blend Rolls Diced Pears *</p> <p>Turkey A La King Sunshine Carrots</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Buttered Waffles Turkey Links</p> <p>Lunch</p> <p>Mediterranean Chicken Lemon Herb Penne Pasta Sautéed Fresh Zucchini Rolls Vanilla Pudding Cake *</p> <p>Deli Plate Three Bean Salad</p> <p>Dinner</p> <p>Ham & Potato Au Gratin Brussels Sprouts Wheat Bread Pineapple Chunks *</p> <p>Italian Meatball Sub With Sauce Green Beans & Mushrooms</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Southwest Egg Bake Choice of Danish Stawb/Vanilla Yogurt</p> <p>Lunch</p> <p>Homestyle Veal Sour Cream/Chives Mashed Potatoes Whole Baby Carrots Rolls Butterscotch Brownie Parfait *</p> <p>Mushroom Dill Tuna Noodle Casserole Italian Green Beans</p> <p>Dinner</p> <p>Baked Ziti Parslied Cauliflower Garlic Toast Red Grapes *</p> <p>Baked Chicken Breast Beets</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Choice of Eggs Hearty Hashbrowns Assorted Donut</p> <p>Lunch</p> <p>Zesty Lemon Pepper Turkey Rice Pilaf Capri Vegetable Blend Rolls Strawberry Shortcake *</p> <p>Ham Slice Asparagus</p> <p>Dinner</p> <p>Cheeseburger French Fries Banana *</p> <p>Cottage Cheese & Fruit Plate Mandarin Cole Slaw</p>

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7	8	9	10	11	12	13
<p>Breakfast</p> <p>Hot or Cold Cereal Buttermilk Pancakes Breakfast Ham Slice</p> <p>Lunch</p> <p>Pork Teriyaki White Rice Sugar Snap Peas Roll Chocolate Mousse *</p> <p>Beef Tater Tot Bake Green Beans</p> <p>Dinner</p> <p>Chicken Cordon Bleu Casserole Egg Noodles Capri Vegetable Blend Tossed Salad Bread Berry Applesauce *</p> <p>Turkey Tetrizzini Dilled Carrots</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Cheese Omelet Biscuits & Gravy</p> <p>Lunch</p> <p>Herb Crusted Cod Baked Potato with Sour cream & chives Whole Baby Carrots Roll Cherry Cake *</p> <p>Braised Turkey w/ Egg Noodles Winter Blend Vegetables</p> <p>Dinner</p> <p>Minestrone Soup Cold Roast Beef Sandwich Cauliflower Tabbouleh Salad Mixed Melon Salad *</p> <p>Dijon Chicken Whipped Sweet Potatoes</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Cheesy Scrambled Egg Bacon Raisin Toast</p> <p>Lunch</p> <p>Bruschetta Chicken Parsley Noodles Garden Seasoned Broccoli Garlic Toast Tiramisu Parfait *</p> <p>Pork w/ Gravy Prince Charles Veggie Blend</p> <p>Dinner</p> <p>Italian Sausage & bun Sautéed Peppers & Onions Waffle Fries Diced Pears *</p> <p>Shrimp Scampi Asparagus</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Buttered Waffles Turkey Links</p> <p>Lunch</p> <p>Mustard Glazed Beef Garlic Mashed Potatoes Brussel Sprouts Roll Blueberry Crisp *</p> <p>Spinach Quiche Hearty Hashbrowns</p> <p>Dinner</p> <p>Chicken & Waffles Corn on the Cob Roll Fresh Fruit Cup *</p> <p>Turkey Goulash Mixed Vegetables</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Choice of Eggs Canadian Bacon Carrot & Pineapple Muffin Square</p> <p>Lunch</p> <p>Fried Fish French Fries Creamy Cole Slaw Tomato Wedges Roll Oreo Cookie Blondies *</p> <p>Turkey Meatloaf Parslied Cauliflower</p> <p>Dinner</p> <p>Beer & Broccoli Casserole Sautéed Summer Squash Buttered Breadstick Apricots *</p> <p>Chicken Fajitas Pinto Beans</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Cinnamon French Toast Sausage Patty</p> <p>Lunch</p> <p>Vegetable Lasagna Tossed Salad Garlic Toast Cheesecake w/ Cherries *</p> <p>Cabbage Roll Stuffed With Sauce California Vegetable Blend</p> <p>Dinner</p> <p>Navy Bean Soup Turkey & Cheese Sub Sandwich Marinated Cucumbers And Tomatoes Orange Wedges *</p> <p>Creole Fish Corn & Black Bean Fiesta</p>	<p>Breakfast</p> <p>Hot or Cold Cereal Fried Chicken Biscuit Sandwich Strawberries</p> <p>Lunch</p> <p>Baked Glazed Ham Scalloped Potatoes Key West Vegetable Blend Roll Pineapple Upside Down Cake *</p> <p>Turkey Shepherd's Pie Peas & Pearl Onions</p> <p>Dinner</p> <p>Soft Shell Beef Tacos Spanish Rice Refried Beans Red Grapes *</p> <p>Chicken Parmesan Broccoli</p>

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Breakfast 14	Breakfast 15	Breakfast 16	Breakfast 17	Breakfast 18	Breakfast 19	Breakfast 20
Hot or Cold Cereal Cheesy Scrambled Eggs Cinnamon Roll	Hot or Cold Cereal Buttermilk Pancakes Turkey Links	Hot or Cold Cereal Egg Patty Canadian Bacon Whole Wheat English Muffin	Hot or Cold Cereal Choice of Eggs Bacon Wheat Toast	Hot or Cold Cereal Hard Boiled Egg Danish Strwb/Vanilla Yogurt	Hot or Cold Cereal Ham & Cheese Omelet Raisin Toast	Hot or Cold Cereal Buttered Waffles Sausage Patty
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken a l'Orange Roasted Potato Medley Broccoli Roll Coconut Cream Pie *	Swedish Meatballs Egg Noodles Peas & Pearl Onions Roll Butterscotch Cream Cheese Bars *	Honey Mustard Chicken Cheese Baked Potato Key West Vegetable Blend Southern Style Biscuit Lemon Poppyseed Cake *	Lasagna Cauliflower Tossed Salad Garlic Toast Pudding & Cookie Parfait *	Turkey Pot Pie Roasted Brussels Sprouts Corn Muffin Pumpkin Pie Bar *	Beef Teriyaki White Rice Sugar Snap Peas Roll Strawberry Cupcake *	Portobella Swiss Burger Potato Wedges Sugar Cookie * Pizza Casserole Tossed Salad
Bourbon Pork Chop w/ Apples Roasted Yellow Squash	Breaded Fish Creamed Corn	Turkey Butternut Squash Bake Spinach	Chicken Biscuit w/ Honey Butter Sweet Potato Fries	Swiss Steak Dilled Carrots	Pollock Almandine Lemon Dill Lima Beans	Turkey Potato Au Gratin
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lemon Baked Fish Garden Rice Blend Dilled Carrots Roll Pineapple Chunks *	Grilled Ham & Swiss Sandwich Green Beans Watermelon *	Coney Island Hot Dog Potato Salad Vinegar Cole Slaw Red Grapes *	Potato Crunch Fish Fillet Baked Beans Corn O'Brien Roll Berry Applesauce *	Herbed Pork Loin Sour Cream & Chive Mashed Potatoes Capri Vegetable blend Roll Diced Pears *	Hearty Cabbage Soup Egg Salad Sandwich Marinated Cucumbers & Tomatoes Mixed Melon Salad *	Prince Charles Veggie Blend Buttered Breadstick Banana *
Beef & Vegetable Stir Fry Oriental Vegetable Blend	Cranberry Glazed Turkey Baked Potato	Beef Stroganoff Honey-Glazed Carrots	Hot Turkey Sandwich Green Bean Casserole	Chicken Alfredo Casserole Garlic & Herb Broccoli	Veal Parmesan Zucchini & Summer Squash	Blackberry Dijon Chicken Mashed Potatoes w/ Gravy

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Breakfast 21 Hot or Cold Cereal Egg and Sausage Strata Wheat Toast	Breakfast 22 Hot or Cold Cereal Cheesy Scrambled Eggs Bacon Wheat Toast	Breakfast 23 Hot or Cold Cereal Egg Patty Canadian Bacon Wheat English Muffin Strawb/Vanilla Yogurt	Breakfast 24 Hot or Cold Cereal French Toast Sausage Links	Breakfast 25 Hot or Cold Cereal Choice of Eggs Sausage Patty Blueberry Muffin Square	Breakfast 26 Hot or Cold Cereal Ham & Cheese Omelet Wheat Toast	Breakfast 27 Hot or Cold Cereal Buttermilk Pancakes Turkey Links
Lunch Bourbon Chicken Thighs Cheesy Mashed Potatoes Broccoli Southern Style Biscuit Cherry Pie *	Lunch Jeweled Pork Long Grain & Wild Rice Dilled Carrots Rolls Texas Sheet Cake *	Lunch Turkey & Stuffing Casserole Green Beans Tossed Salad Rolls Raisin Rice Pudding *	Lunch Meatloaf Garlic Mashed Potatoes Roasted Brussels Sprouts Rolls Peanut Butter Brownies *	Lunch Maple Glaze Chicken Baked Sweet Potato Corn on the Cob Rolls Sour Cream Orange Cake *	Lunch Cracker Crumb Cod Broccoli Rice Au Gratin Asparagus Rolls Raspberry Whip *	Lunch Baked Spaghetti Tossed Salad Buttered Breadstick Tiramisu Cake *
Tuna Noodle Casserole Sautéed Carrots	Citrus-Glazed Turkey Breast Sautéed Asparagus	Roast Beef Peas & Pearl Onions	Chicken & Vegetable Stir Fry & White Rice	Roasted Vegetable Lasagna Scalloped Tomatoes	BBQ Pulled Pork Green Beans	Vegetable Stuffed Pepper Corn
Dinner Citrus Dill Cod Parmesan Noodles Green Peas Rolls Cinnamon Apple Sauce *	Dinner Gyro w/Tzatziki Sauce French Fries Marinated cucumbers & Tomatoes Red Grapes *	Dinner Tahitian Pork White Rice Malibu Vegetable Blend Wheat Bread Cottage Cheese & Peaches *	Dinner Cheese Ravioli w/Sauce Cauliflower Tossed Salad Garlic Toast Mandarin Oranges Parmesan Cheese *	Dinner Creamy Garden Veg. Soup Roast Beef & Provolone Sandwich Potato Wedges Watermelon *	Dinner Ham Slice American Fried Potatoes Carrots Rolls Pineapple Chunks *	Dinner Chicken Cordon Bleu Chs-Toppd Baked Potato Capri Vegetable Blend Wheat Bread Orange Wedges Sour Cream and Chives *
Chicken Cordon Blue Green Beans	Italian Turkey Pot Roast Peas & Carrots	Chicken Salad on Croissant Beets	Mediterranean Fish Sautéed Summer Squash	Blackberry Dijon Pork Green Beans & Mushrooms	Macaroni & Cheese Stewed Tomatoes	Beef Stew Green Peas

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JULY 2020

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast 28 Hot or Cold Cereal Breakfast Casserole Wheat Toast	Breakfast 29 Hot or Cold Cereal Cheesy Scrambled Egg Blueberry Muffin	Breakfast 30 Hot or Cold Cereal Buttered Waffles Choice of Eggs	Breakfast 1 Hot or Cold Cereal Egg Patty Country Ham & Biscuit Sandwich	Breakfast 2 Hot or Cold Cereal Quiche Bacon	Breakfast 3 Hot or Cold Cereal Buttermilk Pancakes Turkey Links	Breakfast 4 Hot or Cold Cereal Hard Boiled Eggs Sausage Patty Cinnamon Roll
Lunch Baked Ham w/ Raisin Sauce Bread Stuffing Green Beans Apple Crisp *	Lunch Breaded Fish French Fries Creamy Cole Slaw Tomato Wedges Rolls Chocolate Chip Cookie *	Lunch Tahitian Chicken White Rice Oriental Vegetable Blend Wheat Bread Applesauce Cake *	Lunch Pot Roast Mashed Potatoes & Gravy Lima Beans Rolls Key Lime Cake *	Lunch Tomato Basil & Tuna Pasta Tossed Salad Garlic Toast Chocolate Fudge Cupcake *	Lunch Cracker Crumb Chicken Sweet Potatoes Broccoli Rolls Strawberry Pretzel Squares *	Lunch Cranberry Glazed Pork Parmesan Rice Sautéed Summer Squash Rolls Peanut Butter Cookie *
Dinner Tomato Soup Grilled Cheese Glazed Sugar Snap Peas Diced Pears *	Dinner Beef Noodle Casserole Whole Baby Carrots Wheat Bread Banana *	Dinner BBQ Pulled Pork Corn on the Cob Baked Beans Southern Style Biscuit Watermelon *	Dinner Old Fashioned Vegetable Beef Soup Grilled Turkey & Swiss Sandwich Prince Charles Veggie Blend Red Grapes *	Dinner Beef Quesadilla Spanish Rice Seasoned Black Beans Orange Wedges *	Dinner Macaroni & Cheese Stewed Tomatoes Rolls Pineapple Chunks *	Dinner Creamy Swiss Beef Roasted Red Potato Spinach Rolls Fruit Compote *
Cranberry Glazed Turkey Green Beans Almandine	BBQ Chicken Breast Creamed Spinach	Beef Fritter Green Bean Casserole	Breaded Perch French Fries	Apple Pork Chop Sugar Snap Peas	Turkey a la King Carrots	Chicken Fajitas Corn & Black Bean Fiesta

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